

September 2023



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|--|
| | | September 10th-16th is National Assisted Living Week | SEPTEMBER BIRTHDAYS: DARLINE B.— 9/1 SEYMOUR R.— 9/12 RONALD K.— 9/25 FREDDIE J.— 9/26 RUTH L.— 9/27 *MS= Memory Support *AL= Assisted Living BUS OUTINGS 2X WEEK. SIGN UP FOR TRIPS IN TRAVEL BINDER | *ACTIVITIES ARE SUBJECT TO CHANGE* | 1 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 BINGO (AL) 2:00 Karaoke Sing Along (AL) 2:45 Happy Hour 3:00 Reminiscing with Songs (MS) 6:30 Friday Night At The Movies | 2 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour 6:00 Comedy Hour 7:00 Holy Communion |
| 3 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour FOOTBALL SUNDAY | 4 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Nickel BINGO 2:00 Bowling with Friends (AL) 2:45 Happy Hour 3:00 Parachuting Fun (MS) 6:30 Evening Movie | 5 9:00 Move to Music with Ginny (AL) 10:00 Balloon Tennis (MS) 11:00 Refreshments 11:30 Minute to Win It Game (AL) 2:00 Food Committee Meeting 2:45 Happy Hour 3:00 Name Ten (MS) 6:30 Game Show Network | 6 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Manicures and Hand Massages 2:00 Trivia Time (AL) 2:45 Happy Hour 3:00 Crafty Corner (MS) 6:30 Movie Time | 7 NFL SEASON KICKOFF WEAR YOUR FAVORITE JERSEY 9:00 Move to Music with Ginny (AL) 10:00 Parachuting Fun (MS) 11:00 Refreshments 11:30 Painting Fun (AL) 2:00 Name That Price (AL) 2:45 Happy Hour 3:00 Painting Fun (MS) 6:30 Movie | 8 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 BINGO (AL) 2:00 Karaoke Sing Along (AL) 2:45 Happy Hour 3:00 Reminiscing with Songs (MS) 6:30 Friday Night At The Movies | 9 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour 6:00 Comedy Hour 7:00 Holy Communion |
| 10 GRANDPARENTS DAY MUSICAL ENTERTAINMEMT 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour FOOTBALL SUNDAY | 11 BREAKFAST AND MIMOSAS 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Nickel BINGO 2:00 Bowling with Friends (AL) 2:45 Happy Hour 3:00 Parachuting Fun (MS) 6:30 Evening Movie | 12 TACO TRUCK AND BBQ 9:00 Move to Music with Ginny (AL) 10:00 Balloon Tennis (MS) 11:00 Refreshments 11:30 Minute to Win It Game (AL) 2:00 Food Committee Meeting 2:45 Happy Hour 3:00 Name Ten (MS) 6:30 Game Show Network | 13 MISTER SOFTEE 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Manicures and Hand Massages 2:00 Trivia Time (AL) 2:45 Happy Hour 3:00 Crafty Corner (MS) 6:30 Movie Time | 14 GAMES ON THE LAWN 9:00 Move to Music with Ginny (AL) 10:00 Parachuting Fun (MS) 11:00 Refreshments 11:30 Painting Fun (AL) 2:00 Name That Price (AL) 2:45 Happy Hour 3:00 Painting Fun (MS) 6:30 Movie | 15 SCAVENGER HUNT ROSH HASHANAH 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 BINGO (AL) 2:00 Karaoke Sing Along (AL) 2:45 Happy Hour 3:00 Reminiscing with Songs (MS) 6:30 Friday Night At The Movies | 16 RITA'S WATER ICE AND PRETZELS 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour 6:00 Comedy Hour 7:00 Holy Communion |
| 17 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour FOOTBALL SUNDAY | 18 NATIONAL CHEESEBURGER DAY 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Nickel BINGO 2:00 Bowling with Friends (AL) 2:45 Happy Hour 3:00 Parachuting Fun (MS) 6:30 Evening Movie | 19 9:00 Move to Music with Ginny (AL) 10:00 Balloon Tennis (MS) 11:00 Refreshments 11:30 Minute to Win It Game (AL) 2:00 Food Committee Meeting 2:45 Happy Hour 3:00 Name Ten (MS) 6:30 Game Show Network | 20 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Manicures and Hand Massages 2:00 Trivia Time (AL) 2:45 Happy Hour 3:00 Crafty Corner (MS) 6:30 Movie Time | 21 9:00 Move to Music with Ginny (AL) 10:00 Parachuting Fun (MS) 11:00 Refreshments 11:30 Painting Fun (AL) 2:00 Name That Price (AL) 2:45 Happy Hour 3:00 Painting Fun (MS) 6:30 Movie | 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 BINGO (AL) 2:00 Karaoke Sing Along (AL) 2:45 Happy Hour 3:00 Reminiscing with Songs (MS) 6:30 Friday Night At The Movies | 23 FIRST DAY OF AUTUMN 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour 6:00 Comedy Hour 7:00 Holy Communion |
| 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour FOOTBALL SUNDAY | 25 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Nickel BINGO 2:00 Bowling with Friends (AL) 2:45 Happy Hour 3:00 Parachuting Fun (MS) 6:30 Evening Movie | 26 NATIONAL FAMILY DAY 9:00 Move to Music with Ginny (AL) 10:00 Balloon Tennis (MS) 11:00 Refreshments 11:30 Minute to Win It Game (AL) 2:00 Food Committee Meeting 2:45 Happy Hour 3:00 Name Ten (MS) 6:30 Game Show Network | 9:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 Manicures and Hand Massages 2:00 Trivia Time (AL) 2:45 Happy Hour 3:00 Crafty Corner (MS) 6:30 Movie Time | 28 9:00 Move to Music with Ginny (AL) 10:00 Parachuting Fun (MS) 11:00 Refreshments 11:30 Painting Fun (AL) 2:00 Name That Price (AL) 2:45 Happy Hour 3:00 Painting Fun (MS) 6:30 Movie | 99:00 Move to Music with Ginny (AL) 10:00 Chair Exercise (MS) 11:00 Refreshments 11:30 BINGO (AL) 2:00 Karaoke Sing Along (AL) 2:45 Happy Hour 3:00 Reminiscing with Songs (MS) 6:30 Friday Night At The Movies | 30 9:30 Exercise Fun 10:30 Refreshments 11:00 Small Group Activity 1:30 Resident Choice 2:45 Happy Hour 6:00 Comedy Hour 7:00 Holy Communion |